

Sport Beweegt Je School

Sport Moves Your School

ACTIVITY
SQUARE
EUROPE



WHY WE EXECUTE THE PROGRAMME

Now more than ever, it's of great importance to implement a movement and sports policy at schools as youths activity and fitness levels keep decreasing. This policy is a necessary part of the educational project of each school which premises a healthy, safe and fit lifestyle for all her students. Creating a healthy and activity stimulating environment at school and in the classroom requires a solid, well thought-out policy.

WHO WE ARE



The Flemish Schoolsport Foundation (SVS) is the overarching organization for schoolsport in Flanders, consisting of 5 provincial secretariats and 1 coordinating secretariat. SVS calls for pupils of all primary and secondary schools to encourage a lifelong participation in movement and sports activities. SVS supports these schools in the development of an effective movement and sports policy and on the other hand, provides an extensive range of sport programs during and after school hours.

OUR APPROACH TO SCHOOL AND SPORT SECTOR COOPERATION



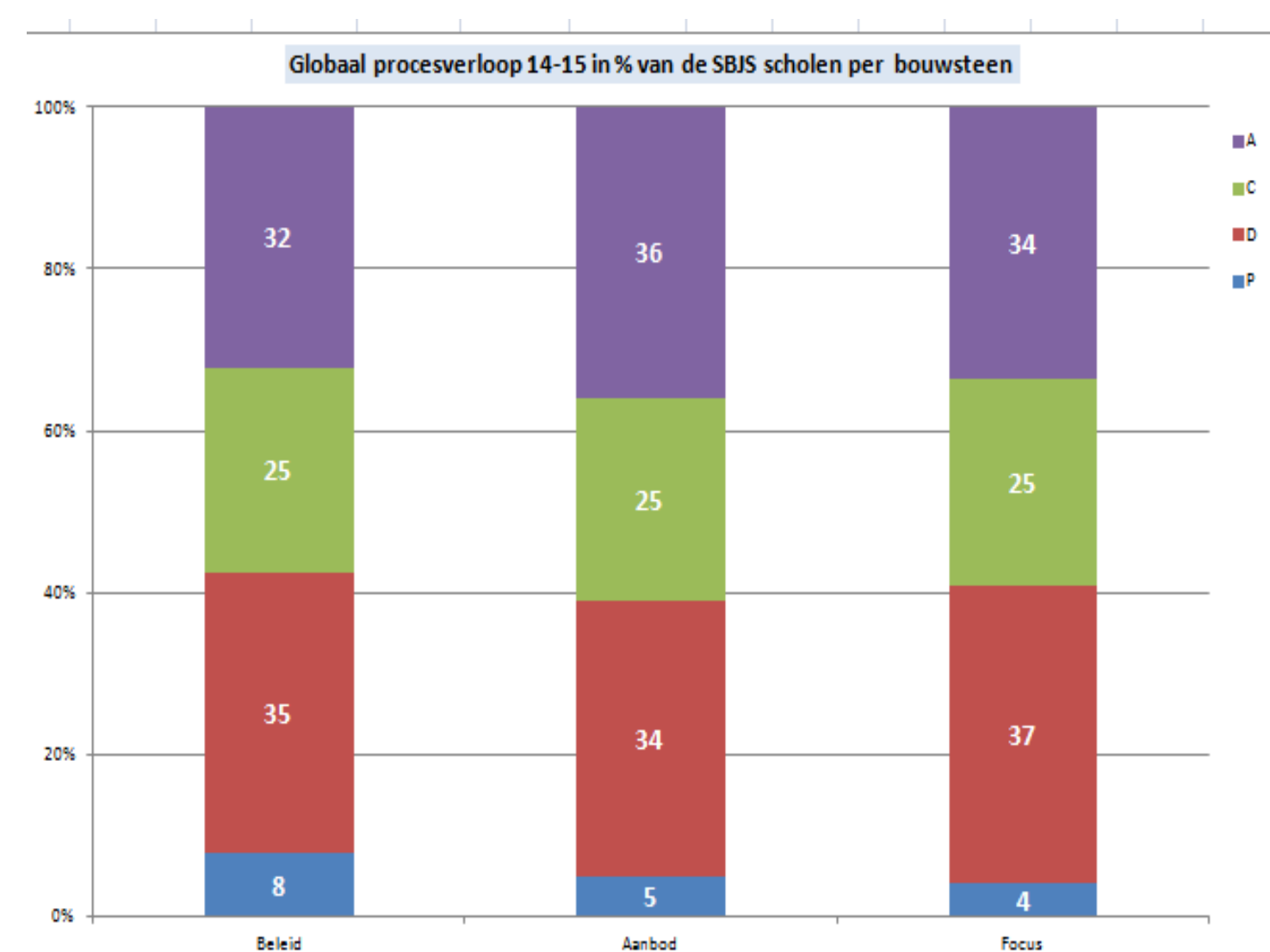
'Sport Moves Your School' stimulates schools to pay attention to quality care in building their movement and sports policy. Schools can create a movement and sports policy with tangible targets tailored to their pupils, starting from their own school context and needs.

PRELIMINARY RESULTS AND SUCCESS STORIES

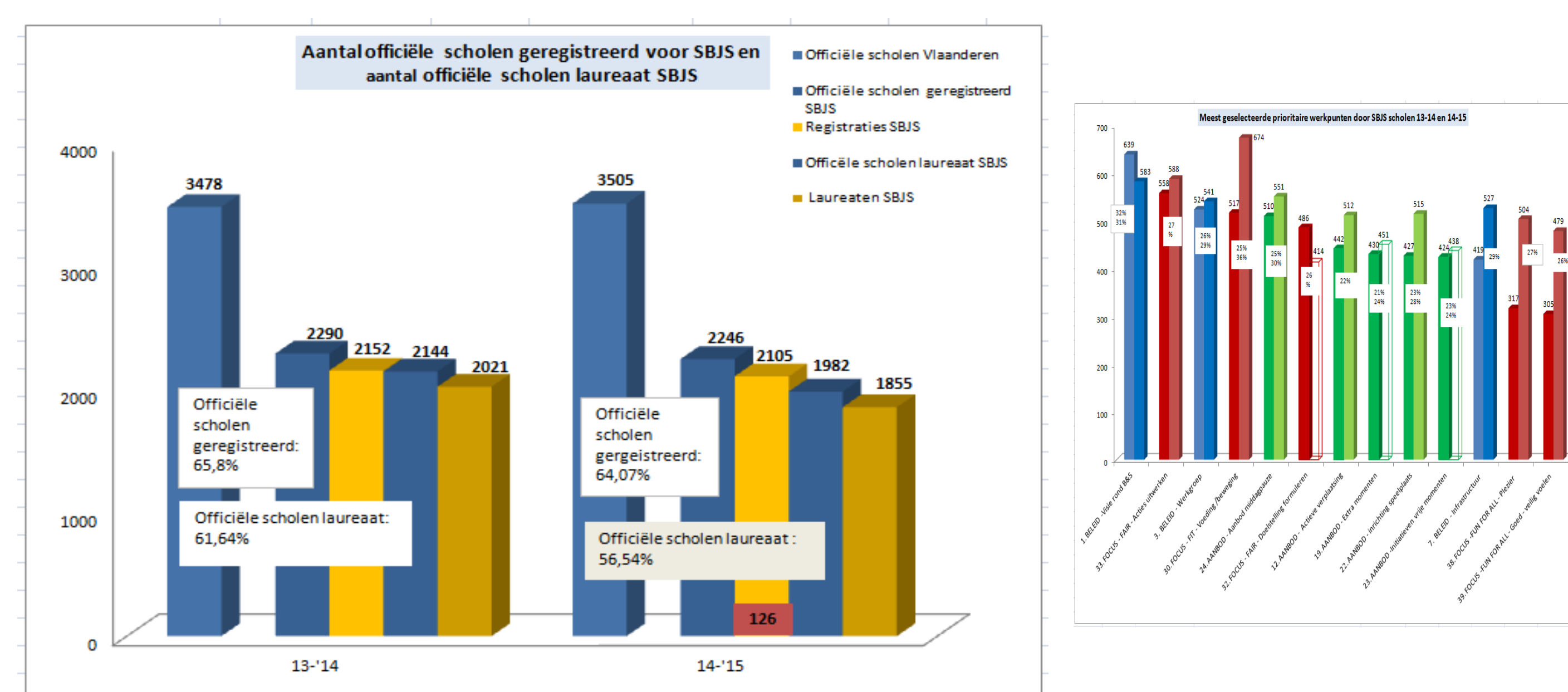


Number of official schools in Flanders and Brussels registered for Sport beweegt je school (SBJS); a quick glance at the first two years of the project.

FACTS AND FIGURES



Monitoring paints a picture of the whole process: how did our schools worked around this theoretical frame work? In general we see that most schools start within the Do-phase. If the schools are planning, they're mostly planning their policy. Zoomed in on 'Activities', most schools are located in the Act-phase. 'Focus' exhibits the largest percentage in the Do-phase.



OUR CHALLENGES

- **Challenge 1:** to increase the mental and physical health of pupils of Flemish schools
- **Challenge 2:** to motivate schools in creating a vision for optimizing their movement and sports policy as part of a locally embedded (school) environment, in addition to the standard P.E. classes.
- **Challenge 3:** to support schools in realizing a environment, which facilitates the pupils in reaching the recommended physical activity levels for health (60 minutes a day) at the school.
- **Challenge 4:** to stimulate a process-based approach in obtaining an applicable and long-term effective school sport policy, by embedding the activity enhancing interventions throughout the school curriculum.
- **Challenge 5:** bridging the gap between P.E. classes/schoolsport and life time sport participation/sports clubs.

CONTACT AND INFORMATION

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